BE STRONG IN THE LORD.

EPHESIANS 6:10



Welcome in Jesus' Name

May God richly bless you as you worship Him. If you are a guest with us, we want you to feel welcome; you honor us with your presence, and we are glad to have you here. Please fill out the Attendance Registration located in your bulletin. Prayer requests can also be made on the same insert. If you have a specific prayer request that you would like the Pastor to pray for during the Prayers of the Church, please fill out the bulletin insert and give it to an usher, who will then deliver it to the Pastor.

Holy Communion

We celebrate the Lord's Supper as part of our worship service, on the 1st& 3rd Sunday of the month during the 8:30am service and the 2nd& 4th Sunday during the 10:30am service. We invite those who share our confession of faith, namely, that Jesus is truly present in, with & under the bread and wine for the forgiveness of sins, life, and salvation to commune with us. Those who share a different confession or have not yet been instructed in the Lord's Supper are welcome to come forward and receive a blessing. We offer individual cups. The light-colored cups in the center are grape juice instead of wine. Pastor will be available prior to the worship service to answer any questions about Holy Communion.

To Our Guests

We often have guests in worship from all over the world. Please introduce yourself to Pastor or a Greeter before or after the worship service.

Restrooms

Restrooms and changing tables are located out the back of the sanctuary and down the hallway.

Out of respect for your fellow worshippers & those who have diligently prepared for this worship service, we ask that you **silence your cell phones** & keep conversation to a minimum prior to the service.

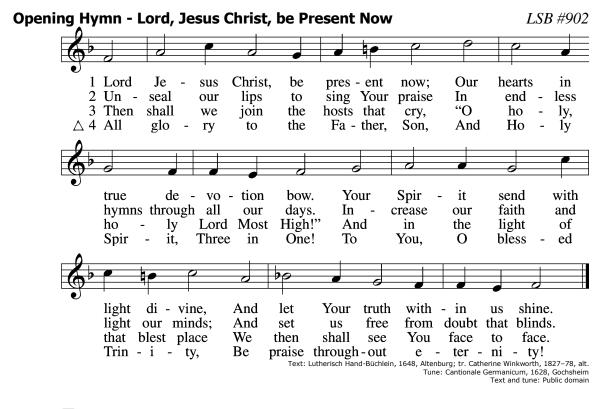
Large Print Bulletin: If you desire a sight-saving bulletin, please ask an usher.

Flowers on the Altar are given to the Glory of God by Michael and Roberta Murphy in recognition of their 40th wedding anniversary.

Prelude: "Lord, Jesus Christ, Be Present Now" by Paul Manz

Welcome and Announcements

Please stand for final verse of opening hymn



 \mathbf{P} In the name of the Father and of the + Son and of the Holy Spirit.

С

Amen.

Confession

- Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions.
- **C** Wash me thoroughly from my iniquity, and cleanse me from my sin! For I know my transgressions, and my sin is ever before me.
- P Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment.
- **C** Behold, I was brought forth in iniquity, and in sin did my mother conceive me.
- Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart.
- C Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.
- **P** Let me hear joy and gladness; let the bones that you have broken rejoice.
- **C** Hide
 - Hide your face from my sins, and blot out all my iniquities.
- **P** Create in me a clean heart, O God, and renew a right spirit within me.
- **C** Cast me not away from your presence, and take not your Holy Spirit from me.
- P If You, O Lord, kept a record of sins, O Lord, who could stand.
- **C** But with you there is forgiveness, therefore You are feared.

Silence for reflection on God's Word and for self-examination.

- P In humble adoration, let us approach the throne of God and declare, "O almighty God, merciful Father,
- I, a poor, miserable sinner, confess unto You all my sins and C iniquities with which I have ever offended You and justly deserved Your temporal and eternal punishment. But I am heartily sorry for them and sincerely repent of them, and I pray You of Your boundless mercy and for the sake of the holy, innocent, bitter sufferings and death of Your beloved Son, Jesus Christ, to be gracious and merciful to me, a poor, sinful being.
- P What a moment! What an opportunity that our God loves us so much that He allows us to approach Him, admit our faults, and repent of our sins. That is the sign of a gracious, loving God. Yet, He went beyond that when He sent His Son. Jesus Christ to suffer and die on our behalf. In that moment, God, in all His love for us, said, "Your sins are forgiven." Can you feel the love? Because of that love, because of Jesus' sacrifice, these words hold great truth; Jesus declares, "your sins are forgiven." Go forth and experience the true joy of God's love, grace, and forgiveness in the name of the Father, and of the Son, and of the Holy Spirit.
- С

Amen.

Salutation and Collect of the Day

- The Lord be with you. [**P**]
- С And also with you.
- P Let us pray.

O God, the source of all that is just and good, nourish in us every virtue and bring to completion every good intent that we may grow in grace and bring forth the fruit of good works; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.



Amen.

Please be seated

Old Testament

Deuteronomy 4:1-2, 6-9

A How quickly we forget? God declares to His people that they should remember his laws and decrees. Yet, just like them, we quickly forget. We get wrapped up in everything else. Still God comes to us today to remind us of His desires. The Old Testament lesson is from Deuteronomy chapter 4:

¹"Now, O Israel, listen to the statutes and the just decrees that I am teaching you, and do them, that you may live, and go in and take possession of the land that the LORD, the God of your fathers, is giving you. ²You shall not add to the word that I command you, nor take from it, that you may keep the commandments of the LORD your God that I command you. . . .

⁶Keep them and do them, for that will be your wisdom and your understanding in the sight of the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and understanding people.' ⁷For what great nation is there that has a god so near to it as the LORD our God is to us, whenever we call upon him? ⁸And what great nation is there, that has statutes and just decrees so righteous as all this law that I set before you today?

⁹"Only take care, and keep your soul diligently, lest you forget the things that your eyes have seen, and lest they depart from your heart all the days of your life. Make them known to your children and your children's children."

A This is the Word of the Lord.

C Thanks be to God.

Epistle

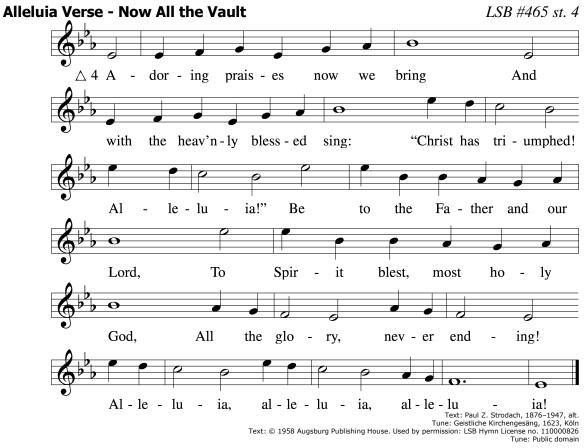
Ephesians 6:10-20

A To remember God's decrees requires training just like a Soldier. A Soldier is not given an option of what they wear into battle, they are told, and compliance is necessary for survival. While God will not demand and require or stand over our shoulder and point a finger, He shares with us what is necessary for survival in all battles. Listen to God's guidance from Ephesians chapter 6:

¹⁰Finally, be strong in the Lord and in the strength of his might. ¹¹Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹²For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. ¹³Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. ¹⁴Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, ¹⁵and, as shoes for your feet, having put on the readiness given by the gospel of peace. ¹⁶In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; ¹⁷and take the helmet of salvation, and the sword of the Spirit, which is the word of God, ¹⁸ praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints, ¹⁹ and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, ²⁰for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

- A
 - This is the Word of the Lord. **Thanks be to God.**
- С

Please stand



Holy Gospel

 P Cleanliness is next to godliness! Yet, our cleanliness is far from that which makes us godly. Just like the people in this morning's Gospel, we too struggle to understand how the filth comes from our heart. We like to blame others, events, situations, etc. However, the filth comes from within and defiles us. Let this not be Lord! The Holy Gospel is from Mark chapter 7:

¹⁴[Jesus] called the people to him again and said to them, "Hear me, all of you, and understand: ¹⁵There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him." ¹⁷And when he had entered the house and left the people, his disciples asked him about the parable. ¹⁸And he said to them, "Then are you also without understanding? Do you not see that whatever goes into a person from outside cannot defile him, ¹⁹since it enters not his heart but his stomach, and is expelled?" (Thus he declared all foods clean.) ²⁰And he said, "What comes out of a person is what defiles him. ²¹For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, ²²coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. ²³All these evil things come from within, and they defile a person."

- **P** This is the Gospel of the Lord.
- **C** Praise to You, O Christ.

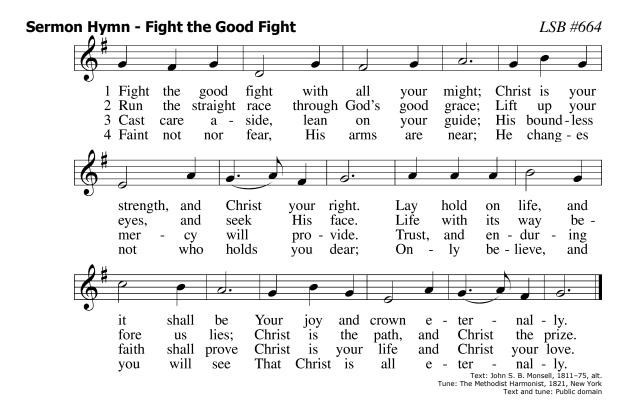
Nicene Creed

C I believe in one God, the Father Almighty, maker of heaven and earth and of all things visible and invisible.

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of His Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father, by whom all things were made; who for us men and for our salvation came down from heaven and was incarnate by the Holy Spirit of the virgin Mary and was made man; and was crucified also for us under Pontius Pilate. He suffered and was buried. And the third day He rose again according to the Scriptures and ascended into heaven and sits at the right hand of the Father. And He will come again with glory to judge both the living and the dead, whose kingdom will have no end.

And I believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son, who with the Father and the Son together is worshiped and glorified, who spoke by the prophets. And I believe in one holy Christian and apostolic Church, I acknowledge one Baptism for the remission of sins, and I look for the resurrection of the dead and the life + of the world to come. Amen.

Please be seated



Sermon

Spiritual Fitness

Please stand



Prayer of the Church

Preface

- **P** The Lord be with you.
- **C** And also with you.
- **P** Lift up your hearts.
- **C** We lift them to the Lord.
- **P** Let us give thanks to the Lord our God.
- **C** It is right to give Him thanks and praise.
- It is truly good, right, and salutary that we should at all times and in all places give thanks to You, O Lord our God, king of all creation, for You have had mercy on us and given Your only-begotten Son that whoever believes in Him should not perish but have eternal life. Grant us Your Spirit, gracious Father, that we may give heed to the testament of Your Son in true faith and, above all, firmly take to heart the words with which Christ gives to us His body and blood for our forgiveness. By Your grace, lead us to remember and give thanks for the boundless love which He manifested to us when, by pouring out His precious blood, He saved us from Your righteous wrath and from sin, death, and hell. Grant that we may receive the bread and wine, that is, His body and blood, as a gift, guarantee, and pledge of His salvation. Graciously receive our prayers; deliver and preserve us. To You alone, O Father, be all glory, honor, and worship, with the Son and the Holy Spirit, one God, now and forever.
- **C** Amen.

Lord's Prayer

- **P** Taught by our Lord and trusting His promises, we are bold to pray:
- C Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.
- In the name of our Lord and Savior Jesus Christ, at His command, and with His own words, we receive His testament:

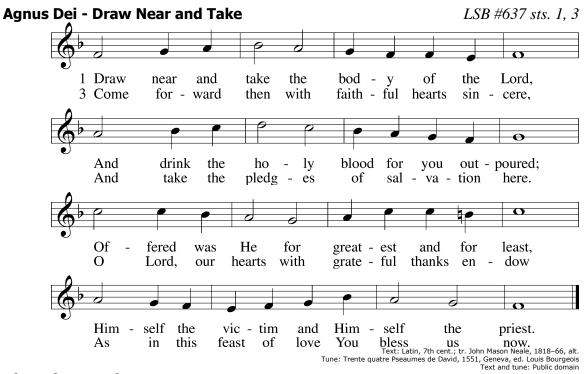
The Words of Our Lord

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My + body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new covenant in My + blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

Pax Domini

- **P** The peace of the Lord be with you always.
- **C** Amen.



Please be seated

Consider the following as you prepare for Communion

St. Paul reminds us that it is important to examine ourselves and prepare our hearts and minds for the rightful reception of the Lord's Supper. To help with this process, please prayerfully consider the following three questions.

1. Do you believe that you are a sinner in need of a Savior?

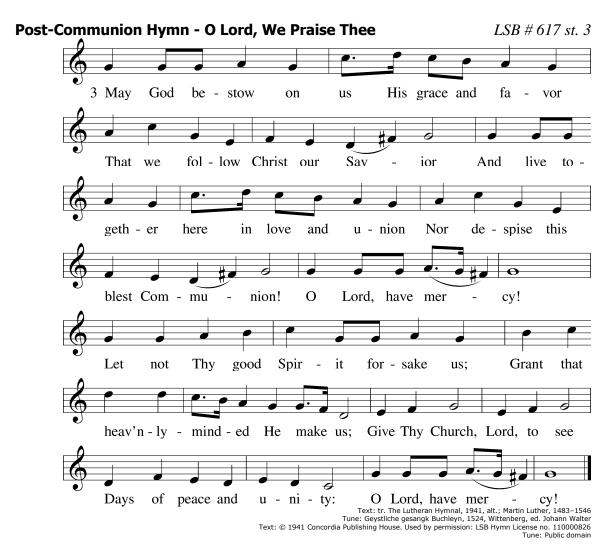
2. Do you believe that Jesus died for your sins and that true life and forgiveness come only through Him?

3. Do you believe that Jesus' true body and blood are present in, with, and under the bread and wine for the forgiveness of sins?

Dear Savior, at Your gracious invitation we come to Your table to eat and drink Your holy body and blood. Let us find favor in Your eyes to receive this holy Sacrament in faith for the salvation of our souls and to the glory of Your holy name; for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen

Distribution

Please Stand



Post-Communion Collect

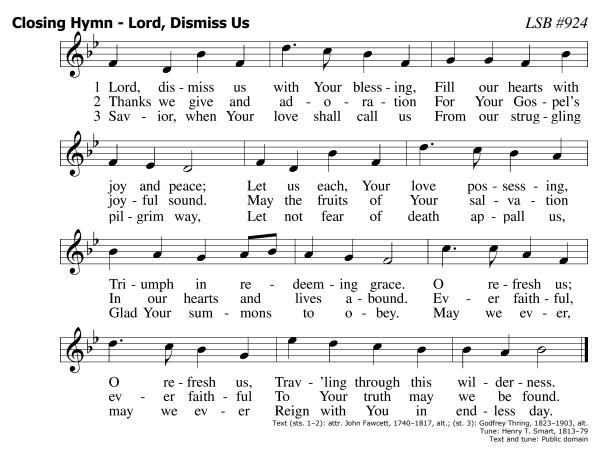
P Let us pray.

We give thanks to You, almighty God, that You have refreshed us through this salutary gift, and we implore You that of Your mercy You would strengthen us through the same in faith toward You and in fervent love toward one another; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.



Benediction

- The Lord bless you and keep you. The Lord make His face shine on you and be gracious to you. The Lord look upon you with favor and + give you peace.
- **C** Amen.



The Dismissal

P С

Go in peace and serve the Lord.

Thanks be to God!

Postlude: "Morning Fanfare" by Phil Lehenbauer

Acknowledgments

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The gift planning process of an estate plan requires multi-channel communication. The communication begins with your spouse if you are married. It is essential that both spouses buy into the whole process, expressing their wishes and becoming educated so that the plan can stay in place over many years. Your LCMS Foundation Gift Planning Counselor uses a special survey incorporating wishes from both spouses into a final design, even if one spouse ordinarily avoids involvement in financial affairs. To get started, contact Tony Hunt 260-222-1291 or tony.hunt@lfnd.org



Opportunities at Shepherd of the Coast

₱8:30 am – A traditional worship service in the classic Lutheran liturgical style.
₱9:30 am – Adult Bible Study

₱10:30 am – Praise Service – A contemporary worship service that is geared to families with young children.

Church Staff

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